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# Bully Free Zone® In A Jar®: Tips For Dealing With Bullying



## Synopsis

What to do if you have a bully problemâ ”whether you are the target, the bystander, or the bully.

Ages 9â “14, 101 cards, 3" recyclable plastic screwtop jar.

## Book Information

Series: In a JarÃ Â®

Misc. Supplies

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Product Dimensions: 3.5 x 3.5 x 3.5 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 starsÃ Â See all reviewsÃ (18 customer reviews)

Best Sellers Rank: #341,904 in Books (See Top 100 in Books) #29 inÃ Books > Teens > Social Issues > Bullying #60 inÃ Books > Teens > Hobbies & Games > Games & Activities

## Customer Reviews

I'm a mental health counselor who works with many children. These cards are a great help to me. The kids love them. I spread the cards out in a circle. Kids throw a dice and move a marker to a space. They read the card they land on and answer the question. It's a lot of fun and promotes helpful discussion. I also add anger and other topic cards to the game.

Love these jars. They are great for guidance activities or individual counseling. I love to have them around as an ice breaker as well.

I will likely be back to write a more in-depth review. I am studying to be a Therapist, particularly a Child Therapist. I love the concept of these jars that can be used over and over again, as needed for therapy, and, to help the child feel in charge. Our own child has struggled with some Neurological and Mental Health related problems, and, is currently aged 10; (this problem 'being bullied', required some help, and, action, so I purchased these). This seems to be a very good item for helping children feel like they are able to better take charge of bullying. The cards provide tips and ideas for handling the bullies, and, at the same time, are designed that he/she can play a game(s) with them. You pick out a card, and, some you talk about, or, act out. It allows the child to

come up with solutions, and, share their thoughts, and, learn to take action, when it is needed. This has become a particularly growing issue, for our child, 'bullying', lately, in the classroom and, on the bus, since grade 4, now, in grade 5. Our child isn't the only one affected either, friends of ours, with similar aged children, and, a bit older and younger, especially have had a lot of ongoing issues, for them, grow out of the bully or mean behavior of other kids at this age. It is important to show them you can do something to help. Kids do not need to have issues necessarily to participate in this game, so friends can play together, and, it is actually quite fun!

This is yet another clever way to help students identify and solve bullying problems. Very engaging and students enjoy their participation.

Very good cards. Might want to use some contact paper to protect the cards though. This is my 3rd jar, I find these activities in jar very fun to use with the kids

I find this helpful for my clients who have been bullied. It allows the conversation to start or pick up if someone is feeling hesitant expressing themselves.

I love these little jars! They are really helpful for students to practice appropriate social skills, and they are really fun for them as well. I use them frequently with students who have social/emotional needs.

It contains several small cards with different questions/thoughts to discuss. It is pretty simplistic and similar to questions/comments that counselors make in sessions, it is just that someone put many of them together on paper and packaged them. I think that this would work for a lay person who is in need of guidance of how to start working with kids.

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